

Patient Information Update

Date _____/_____/_____
Patient number _____

Name _____ Date of Birth _____
Address _____
City _____ State _____ Zip Code _____
Home Phone _____ Work phone _____
Cell Phone _____ Email Address _____
Would you like to receive text or email appointment reminders? Y/N Cell carrier _____

Please list your major complaints in order of severity: (Note Secondary If Applicable)

Primary: _____
Secondary: _____

PRIMARY COMPLAINT:

When did this condition develop? _____ Did it develop? (Circle one) Immediately/Gradually?
What is the exact location of your symptoms? _____
What do you think caused this condition? _____

How often do you experience these symptoms? (Circle one)
Constant / Frequent (75%) / Often (50%) / Seldom (25%) / Rarely (less than 25%)

What is the type of pain you are experiencing? (Circle all that apply)
Dull Sharp Burning Aching Stabbing Throbbing Numbness Twitching

Rate your symptoms on a scale of 1-10 (circle one) minimal 1 2 3 4 5 6 7 8 9 10 severe

Does the pain travel or radiate to another area of your body? YES ___ NO ___
If yes, what area? _____

What provokes or aggravates your condition (circle all that apply)?
Sitting / Standing / Walking / Lying / Pushing / Pulling / Lifting / Hot / Cold / Sneezing / Bowel Movements

What helps alleviate pain (circle all that apply)?
Sitting / Standing / Walking / Lying / Rest / Hot / Cold

Please list any doctors that you have seen for this condition (Include address, phone numbers, fax numbers, diagnosis, treatment received, and any change in your condition since you have received Treatment): _____

List any falls, surgeries, hospitalizations, or accidents since your last visit: _____

Family Doctor _____ May we contact them? Yes/No

**The following questions are required as a result of the Affordable Healthcare Act.
Thank you for your cooperation.**

Race (Please circle only one):

- American Indian or Alaska Native Caucasian/ White Native Hawaiian or Other Pacific Islander
- African American/Black Hispanic or Latino Not Provided
- Asian

Ethnicity: (Please circle only one)

- Hispanic or Latino Not Hispanic or Latino Not Provided

Preferred Language: _____

LIST ANY AND ALL ALLERGIES TO MEDICATIONS

1. _____
2. _____
3. _____
4. _____

LIST ALL MEDICATIONS TAKEN AND FOR WHAT CONDITIONS:

- | | | | |
|-------------|---------------|------------------|-----------------|
| Name: _____ | Dosage: _____ | Frequency: _____ | For What: _____ |
| Name: _____ | Dosage: _____ | Frequency: _____ | For What: _____ |
| Name: _____ | Dosage: _____ | Frequency: _____ | For What: _____ |
| Name: _____ | Dosage: _____ | Frequency: _____ | For What: _____ |
| Name: _____ | Dosage: _____ | Frequency: _____ | For What: _____ |

CONSENT TO ACCESS MEDICATION HISTORY:

I authorize First Choice Chiropractic to retrieve my medication history from the SureScripts website, Dr First:

Patient Signature: _____

LIST ALL VITAMINS AND MINERALS TAKEN AND FOR WHAT CONDITIONS:

- | | | | |
|-------------|---------------|------------------|-----------------|
| Name: _____ | Dosage: _____ | Frequency: _____ | For What: _____ |
| Name: _____ | Dosage: _____ | Frequency: _____ | For What: _____ |
| Name: _____ | Dosage: _____ | Frequency: _____ | For What: _____ |
| Name: _____ | Dosage: _____ | Frequency: _____ | For What: _____ |
| Name: _____ | Dosage: _____ | Frequency: _____ | For What: _____ |

SMOKER STATUS(For all Patients over age 13):

Are you a smoker? YES/NO If yes, how many cigarettes per day? _____

Were you a smoker? YES/NO If yes, when did you quit? _____

Are you a "Never smoker"? (Less than 100 cigarettes in a lifetime) YES/NO

EXERCISE: Do you exercise at a moderate intensity a minimum of 3 x per weeks? Yes or No (circle one)

Current Height: _____

Current Weight: _____